



ISSY GESHEN LAMONT HOME FOR THE AGED IMPACT REPORT MARCH 2023 – 2024

TRANSFORMING LIVES THROUGH COMPASSION

At the Issy Geshen Lamont Home for the Aged, the past 12 months have been a testament to the impact of our ongoing commitment to care for the frail and vulnerable elders in our community. Every day, we witness the tangible benefits of our comprehensive services on the lives of our elders, enhancing their well-being and dignity. This journey of transformation would not have been possible without the generous support of our donors. Your contributions have been instrumental in enabling us to provide high-quality care, and for this, we are deeply grateful.



For over sixty years, our Home has stood as a pillar of support and compassion, dedicated to enriching the lives of 69 elders. With a dedicated focus on their holistic well-being. We offer a wide range of essential services, including safe accommodation, 24-hour nursing care, nutritious meals, transportation, medical services, and social support. The generosity of our donors ensures that 100% of the care expenses for these elders are met, allowing us to maintain the highest standards of care.

IMPACT OF OUR DONORS

Donor contributions are crucial in covering the costs associated with elder care, including accommodation, meals, nursing, and medical supplies. Our annual expenditure exceeds R6.9 million, encompassing medical and nursing care, supplies, safe accommodation, nutritious meals, and the essential needs of our 68 elders.

While government pensions and subsidies cover 63% of these expenses, the remaining shortfall of R2,330,826 highlights the critical need for continued donor support.



CELEBRATING MILESTONES & ACHIEVEMENTS

This year, we are proud to highlight the establishment of a specialised Dementia Care unit, a milestone that demonstrates our commitment to delivering exceptional care. This unit, proudly sponsored by the Victor Daitz Foundation, has had a profoundly positive impact on the lives of our frail elders living with dementia and Alzheimer's, further demonstrating our dedication to meeting the diverse needs of our community.



We invite businesses, organisations, and individuals to join us in this mission by sponsoring furnishings, essential medical equipment or provide financial support.

Your generosity will ensure our elders continue to receive the dignified care they deserve.



OVERVIEW OF ELDERLY CARE

The Home caters to a diverse range of needs among its elders, including those requiring specialised care due to frail health, incontinence, bedbound elders, and chronic diseases such as dementia and Alzheimer's.

Here is a breakdown of some of the key areas of focus over the past year:

- Disabled: 10 disabled elders requiring constant specialised nursing care.
- Dementia: 20 elders living with dementia and Alzheimer's.
- Assisted Living: 32 elders receiving care and support due to chronic diseases.
- Frail: 5 elders requiring specialised 24-hour nursing care.

IMPACT & OUTCOMES OF OUR SERVICES

The Issy Geshen Lamont Home for the Aged has had a profound impact on the lives of its elders and the broader community. Here are some of the key outcomes and impacts of the Home's services:



Enhanced Quality of Life: Provided safe accommodation, nutritious meals, and round-the-clock nursing care has significantly enhanced the quality of life for the elders, contributing to their physical and emotional well-being.

Improved Physical Health: Specialised nursing care, medical attention, and regular monitoring have improved physical health among elders with chronic diseases and other health challenges.



Emotional and Psychological Support: The Home's commitment to mental health care has addressed elders' emotional and psychological needs, providing a supportive environment during distress.

Dignity and Respect: By providing care with love, respect, and dignity, the Home ensures that elders receive the respect they deserve, enhancing their self-worth.



Social Inclusion and Activities: Regular social activities and educational programmes promote social inclusion and community, reducing elders' feelings of isolation.

Community Outreach and Awareness: Outreach programmes advocate for the needs of older persons, building awareness about supporting the elderly in society.

Empowerment Through Education: Educational programs empower elders with information about their rights and health, enabling them to make informed decisions.



Mitigation of Elder Abuse: The Home provides a secure environment, mitigating elder abuse within the community.

Sustainable Long-Term Care: Despite financial challenges, the Home's appeal for support ensures the sustainability of long-term care services.



Extended Impact Beyond Elders: The Home's impact extends beyond elders to the broader community, contributing to community development and social welfare.



OUR PROFESSIONAL STAFF



The Heart of Our Care

At the Issy Geshen Lamont Home for the Aged, our professional team of caregivers, social worker, and occupational therapists play an essential role in transforming the lives of our elders. Their dedication and expertise ensure that each elder receives personalised, compassionate care that enhances their physical, emotional, and social well-being.

Caregivers provide round-the-clock support, attending to daily needs with kindness and respect, fostering a sense of security and dignity. Our social worker offers critical emotional and psychological support, helping elders navigate challenges and maintain strong connections with their loved ones. Our occupational therapists work to improve mobility and physical health, enabling elders to lead more active and independent

lives.



We have a team of 37 fulltime staff who are trained and experienced in providing personalised care that meets the unique needs of each elder.

Ongoing Training and Development

We understand the importance of continuous learning and development in providing the best possible care for our elders. Our care staff undergo regular training sessions to enhance their skills

and stay updated with the latest best practices in elder care. This includes training in areas such as dementia care, palliative care, and infection control.

Impact of Competent, Trained Staff

The impact of having competent, trained staff cannot be overstated. Our staff's expertise and dedication contribute significantly to the well-being and quality of life of our elders. They provide personalised care that respects the dignity and independence of each resident, creating a warm and nurturing environment where our elders feel safe and cared for.

Through ongoing training and development, our staff can continually improve the quality of care they provide, ensuring that our elders receive the highest standard of care possible. Their commitment to excellence is reflected in the positive outcomes and improved quality of life experienced by our elders.



Together, our professional team creates a nurturing environment where elders thrive, demonstrating the profound impact of compassionate, specialised care.



FUTURE DEVELOPMENTS

As we look to the future, we are excited about the upcoming building improvements designed to enhance the comfort and safety of our elders. These developments, which include the construction of new wards with modern facilities will further elevate the care and comfort we provide.



Improvement of Building - Phase 2

The planned development at the Home kindly funded by the Department of Human Settlements marks a significant milestone in its commitment to providing exceptional care. Key improvements include constructing 13 new 4-bed wards with modern, care-friendly facilities.

These upgrades aim to redefine comfort and safety standards for elders. Additionally, the project involves expanding and modernising the kitchen, dining areas, reception, nurses' station, matron's office, and staff facilities. Replacing the asbestos roof with a safer alternative is a critical safety upgrade.

The construction is expected to take about eight months, with completion by the end of 2024. The Home invites sponsorships and financial support from businesses and individuals to ensure the continued dignified care for elders.

CONCLUSION

The Issy Geshen Lamont Home for the Aged continues to significantly impact the quality of life of its elders by providing holistic care, promoting well-being, and creating a supportive environment for frail and vulnerable elders. The Home's services not only address the physical needs of its elders but also cater to their emotional, psychological, physical and social well-being, ensuring a dignified and fulfilling old age.

As we look ahead, we recognise that the need for our services continues to grow. With an ageing population, an increasing demand for specialised care, and Department of Social Development budget cuts, our donors' support is now critical more than ever.



Thank you for your ongoing support and generosity. Together, we can ensure that the Issy Geshen Lamont Home for the Aged remains a beacon of hope for those in need.

Regards

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