



Annual Narrative Report

1 April 2016 - 31 March 2017

1. Section A: Basic details about the Organisation:

1.1 Organisation name: The Issy Geshen Lamont Home for the Aged

1.2 NPO Number: 002-277

1.3 The twelve-month period this Report covers: 1 April 2016 - 31 March 2017

1.4 Contact persons (Two office bearers nominated by the Organisation):

Name & Surname	Position	Contact No	Email
Guy Peter Levene	Chairperson	082 446 5890	guy@apgroup.co.za
Gugu Ngobese	Deputy Chairperson	084 446 6919	none

1.5 Organisation's physical address: 2342 Ndlwana Road Lamontville KZN 4027

1.6 Organisation's postal address: PO Box 32180 Mobeni KZN 4060

1.7 Organisation's Office Bearers

Name & Surname	Position	Gender	Race	Contact No	Email
Guy Levene	Chairperson	Male	White	082 446 5890	guy@apgroup.co.za
Gugu Ngobese	Deputy Chairperson	Female	Black	084 446 6919	none
Thoko Molefe	Secretary	Female	Black	073 219 3941	tcmol@mweb.co.za
Gary Welsh	Treasurer	Male	White	083 779 8827	gary@welshfinancial.co.za
Doris Hlubi	Member	Female	Black	082 485 3415	thembekile@muthande.org.za
Winston Dlodla	Member	Male	Black	082 957 4882	phumlanidludla@gmail.com
Gertrude Ngubane	Member	Female	Black	031 462 5761	none

1.8 Attorney's: JH Nicholson, Stiller & Geshen

1.9 Auditors: Harold Levin & Associates Inc.

1.10 Meetings Held:

AGM: 1 (29th September 2016)

MANCO: 12

Board: 4

Senior Staff: 30 (weekly meetings)

Others: 12 Staff meetings; 12 Stakeholder meetings

1.11 Staff

	Name & Surname	Job Title	Responsibility
1	Sifiso Ngidi	Administrator	Overall management of the Home
2	Sibongile Mbele	Matron	Management of nursing staff
3	Mary-Jane Fundamu	Professional Nurse	Resident care
4	Carol Ncube	Professional Nurse	Resident care
5	Derick Houston	Fundraising Practitioner	Fundraising
6	Nelly Ngcobo	Social Worker	Social Work
7	Nanah Hlubi	Admin Assistant	Office administration
8	Tswarelo Mkhulisi	Finance Assistant	Financial administration
9	Thembisile Mdletshe	Enrolled Nurse	Resident care
10	Hlengiwe Mkhize	Enrolled Nurse	Resident care
11	Bonakele Ndelu	Enrolled Nurse	Resident care
12	Lindokuhle Shabalala	Care Giver	Resident care
13	Agnes Sehlako	Care Giver	Resident care
14	Wanda Nxaba	Care Giver	Resident care
15	Nonhlanhla Msomi	Cleaner	Hygiene
16	Angeline Mkhungo	Enrolled Nurse Assistant	Resident care
17	Ntokozi Mkhungo	Nurse Assistant	Resident care
18	Zanele Gumede	Nurse Assistant	Resident care
19	Gugulethu Zindela	Nurse Assistant	Resident care

20	Thokozile Cele	Nurse Assistant	Resident care
21	Zibuyile Blose	Nurse Assistant	Resident care
22	Nosipho Chiliza	OT Assistant	Resident care
23	Dumisani Dladla	Driver	Transportation
24	Vusimuzi Msimbithi	Groundsman	Maintenance
25	Thembelihle Ndebele	Cook	Resident nutrition
26	Lungile Mngoma	Cook	Resident nutrition
27	Phumzile Mbelu	Cook	Resident nutrition
28	Emmie Khaba	Cook	Resident nutrition
29	Thabsile Khomo	Cook	Resident nutrition
30	Sibonelo Zulu	Security	Resident security
31	Godfrey Mthemba	Security	Resident security
32	Nonhlanhla Msomi	Cleaner	Hygiene
33	Phindile Cele	Cleaner	Hygiene
34	Doris Zulu	Cleaner	Hygiene
35	Beatrice Ndelu	Cleaner	Hygiene
36	Patience Nzuzi	Nurse Assistant	Resident care

The Home relies on the services of volunteers as reliefs to full-time staff when they are on annual, sick or compassionate leave. Volunteers are paid a transport stipend.

1.12 Update

The Home accommodated 69 residents during the reporting period	
Services	Update
1. To provide 24/7 physical & medical care and support for residents	<ul style="list-style-type: none"> a. Resident morbidity: diabetes (16 residents), dementia (18 residents), arthritis (5 residents), asthma (2 residents) & stroke (9 residents) b. All residents received the flu vaccine to minimize infection & outbreak c. The annual fire drill was conducted (August) for residents & staff d. Monthly pest control measures remain in place to ensure a pest-free environment e. The DOH doctor conducted monthly visits to the home f. In-service education programme for staff: medical procedures, dementia management, rights of the elderly, role & scope of practice of Auxiliary Nurses, ethical behaviour, symptoms of Parkinson's Disease g. Hospital referrals for residents needing hospitalisation h. Nursing staff attended upskilling workshops/seminars: Diabetes - healthy lifestyle, care-giver upgrading i. Presentations: Strokes & Dementia, dispensing medicines <p>Challenge: withdrawal of the DOH doctor (monthly visits) means that our residents will have to be transported to the nearest hospital/clinic for medical assessments and prescriptions</p>
2. To provide social work counselling of both residents and families	<ul style="list-style-type: none"> a. The social worker & social work volunteer as well as 3 social work students provided individual care & group work b. More than 50% of new residents admitted suffer from dementia. Issy Geshen noted for having a dedicated facility for persons with dementia c. The focus of group work for the year was "emotional well-being", with the importance of keeping contact with family members and dealing with past issues d. The social worker attended an assortment of stakeholder meetings, including those of the NGO sector as well as DSD: developments/challenges within the aged sector & networking <p>Challenges: family members abandon their parents, abrogating their familial responsibilities; shortage of space due to increased need for frail elder care</p>
3. To provide awareness programmes and promote care for elderly people	<ul style="list-style-type: none"> a. An Elder Abuse awareness campaign was conducted at the Lamontville CHC, which targeted the Youth and focused on Dementia, its symptoms and how to treat people living with the illness b. Our Residents continue to communicate with the local crèche through story telling which aims to create awareness about abuse and the importance of reporting incidents of abuse

<p>4.To provide rehabilitation and paramedical services for residents</p>	<p>a. Referral centres & partnerships: Lamontville CHC, Clairwood, Wentworth, Prince Mshiyeni, King Edward, St Aiden’s, Addington hospitals, UNISA, DUT, UKZN</p> <p>b. 8 residents attend the St Giles Rehabilitation Gym twice a week</p> <p>c. The Clairwood Hospital rehabilitation team conduct the monthly Stroke Club in Lamontville</p> <p>d. Wheelchairs and walkers were provided to those who needed</p> <p>Challenges:</p> <ul style="list-style-type: none"> • The Home does not have access to Clairwood Hospital’s audiologist or speech therapist. Recent stroke survivors who do not receive speech therapy may not regain much speech. Swallowing could also be a problem. Elders with hearing problems if not assessed and provided with help, may withdraw and no longer socialise. Some may become paranoid. Recent studies have shown that elders who have hearing problems are more likely to develop dementia • The physiotherapy department at Clairwood Hospital only treats in-patients resulting in the Home having to take residents to hospitals that are further away.
<p>5.To provide social and recreational programmes for residents</p>	<p>a. Outings/activities: visits to the nearby swimming pool as well as the beach, carpet bowling, visit to the Botanic Gardens, Mothers’ & Fathers’ Day celebrations, Heritage day celebration, Christmas Party, Valentine’s day event, Pampering day, Water awareness speech day, Stage play by the Municipality, Talent show, Stroke Group visit at Muthande, World elder abuse session, Alzheimer’s awareness day, visit by Masakhane crèche, Interhome Choir Festival, Movie week</p> <p>b. bi-monthly library visits were conducted by the mobile library and a story telling competition was organised</p> <p>c. daily devotions were held every morning & a religious service every week</p> <p>d. observance of significant days</p> <p>e. Sport: some residents participated in the annual Golden Games, the Carpet Bowls Competition & the Chatsworth Umbrella Body Games</p> <p>f. The choir embarked on a roadshow to advertise the choir festival. They visited 15 homes in Durban area as well as to Ladysmith and Pietermaritzburg</p>
<p>6.To extend our services and expertise to the community</p>	<p>a. The annual choir festival (for old age homes) was held at the Muthande Hall - 13 choirs participated</p> <p>b. Fun Run/Walk over 100 community members joined us</p> <p>c. 16 wheelchair assessments & 12 provided</p> <p>d. 35 blankets were knitted for the Nelson Mandela Day Campaign</p> <p>e. Pretty Things for Little Things Competition: 28 articles were made and one resident won a Shoprite/Checkers award for her clothing items</p> <p>f. 6 social work students were placed for practical experience</p>